





A complete meal consists of at least 3 items at breakfast. One of the 3 items must be a Fruit or Juice.

Milk served with Breakfast & Lunch

# CORPUS CHRISTI INDEPENDENT SCHOOL DISTRICT Elementary School Breakfast & Lunch Menu

September 2017

Complimentary Breakfast Served to ALL Elementary Students and Complimentary Lunch Served at the following Elementary Schools: Allen, Berlanga, Calk-Wilson, Club Estates, Crockett, Evans, Fannin, Galvan, Garcia, Gibson, Hicks, Houston, Kostoryz, Los Encinos, Meadowbrook, Menger, Metro E, Montclair, Moore, Oak Park, Sanders, Schanen, Shaw, Smith, Travis, Woodlawn, Yeager, and Zavala!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Online Free and Reduced Meal Application</b> <b>SCHOOL LUNCH APP</b> <a href="http://www.schoollunchapp.com">www.schoollunchapp.com</a></p> <ul style="list-style-type: none"> <li>Private</li> <li>Convenient</li> <li>Secure</li> <li>Faster than paper application</li> </ul> <p><b>Apply Online!</b> Free &amp; Reduced Meal Benefits 24/7 <a href="http://www.schoollunchapp.com">www.schoollunchapp.com</a></p>		<p><b>View Students Meal Application Status Online</b> <b>SCHOOL LUNCH STATUS</b> <a href="http://www.schoollunchstatus.com">www.schoollunchstatus.com</a></p> <ul style="list-style-type: none"> <li>Print approval letters</li> <li>Secure</li> <li>Receive Emails notifying of any status change</li> </ul>	<p><b>You can track meal history &amp; account balance for FREE or make Pre-Payments at <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a></b></p> 	<p>01 No School</p>
<p>04 <b>Labor Day Holiday</b></p>	<p>05 Breakfast: Cereal Combo Orange Juice Frozen Fruit Cup or Dried Fruit Lunch: Pasta w/Meaty Meat Sauce OR Turkey &amp; Cheese Wrap OR Yogurt w/Granola &amp; Roll Green Beans Baby Carrots w/Ranch Dressing Fresh Red Apple</p>	<p>06 Breakfast: Bagelful w/Cream Cheese Orange Juice Fresh Apple Slices or Dried Fruit Lunch: Chicken Burger w/Pickle Chips OR Chicken Salad Sandwich OR Chef Salad w/Ranch Dressing &amp; Roll Mixed Vegetables Romaine Lettuce w/Ranch Dressing Rosy Pears</p>	<p>07 Breakfast: Mini Pancakes Orange Juice Fresh Banana or Dried Fruit Lunch: Steak Fingers/Roll w/Catsup OR Turkey Breast &amp; Cheese Sandwich OR Yogurt w/Granola &amp; Roll Mashed Potatoes w/Country Gravy Steamed Broccoli Chilled Diced Apricots Homemade Buttered Roll</p>	<p>08 Breakfast: Banana Bread Orange Juice Fruit Cup or Dried Fruit Lunch: Hamburger or Cheeseburger on a Bun OR Tuna Salad Sandwich OR Yogurt w/Granola &amp; Roll Baked Potato Gems w/Catsup Romaine Lettuce w/Pickles Fresh Orange</p>
<p>11 Breakfast: Breakfast on a Mini Bun Orange Juice Fruit Cup or Dried Fruit Lunch: Cheese Enchiladas w/Chili Spanish Rice OR Turkey Ham &amp; Cheese Sandwich OR Yogurt w/Granola &amp; Roll Pinto Beans, Salsa Romaine Lettuce w/Ranch Dressing Rosy Applesauce</p>	<p>12 Breakfast: Cereal Combo Orange Juice Frozen Fruit Cup or Dried Fruit Lunch: *Pepperoni Pizza OR Turkey &amp; Cheese Wrap OR Yogurt w/Granola &amp; Roll Green Beans Baby Carrots w/Ranch Dressing Fresh Red Apple</p>	<p>13 Breakfast: Ultimate Breakfast Round Orange Juice Fresh Apple Slices or Dried Fruit Lunch: Frito Pie w/Chili Beans OR Chicken Salad Sandwich OR Chef Salad w/Ranch Dressing &amp; Roll Sweet Corn Romaine Lettuce w/Ranch Dressing Mandarin Orange</p>	<p>14 Breakfast: Mini French Toast Orange Juice Fresh Banana or Dried Fruit Lunch: Chicken Nuggets/Roll w/Catsup OR Turkey Breast &amp; Cheese Sandwich OR Yogurt w/Granola &amp; Roll Mashed Potatoes w/Country Gravy, Fresh Broccoli w/Ranch Dressing Chilled Peaches</p>	<p>15 Breakfast: Banana Bread Orange Juice Fruit Cup or Dried Fruit Lunch: Hamburger or Cheeseburger on a Bun OR Tuna Salad Sandwich OR Yogurt w/Granola &amp; Roll Baked Potato Wedges w/Catsup Romaine Lettuce w/Pickles Fresh Orange</p>
<p>18 Breakfast: Morning Sausage Roll* Orange Juice Fruit Cup or Dried Fruit Lunch: Empanadas OR Turkey Ham &amp; Cheese Sandwich OR Yogurt w/Granola &amp; Roll Pinto Beans, Salsa Romaine Lettuce w/Ranch Dressing Chilled Pineapple</p>	<p>19 Breakfast: Cereal Combo Orange Juice Frozen Fruit Cup or Dried Fruit Lunch: Chicken Alfredo OR Turkey &amp; Cheese Wrap OR Yogurt w/Granola &amp; Roll Steamed California Vegetables Baby Carrots w/Ranch Dressing Fresh Red Apple</p>	<p>20 Breakfast: Breakfast Pizza * Orange Juice Fresh Apple Slices or Dried Fruit Lunch: Hot Dog w/Chili On Bun w/Mustard or Catsup OR Chicken Salad Sandwich OR Chef Salad w/Ranch Dressing &amp; Roll Sweet Corn Spinach Salad w/Mandarin Oranges Chilled Peaches</p>	<p>21 Breakfast: Mini Waffles Orange Juice Fresh Banana or Dried Fruit Lunch: Chicken Nuggets/Roll w/Catsup OR Turkey Breast &amp; Cheese Sandwich OR Yogurt w/Granola &amp; Roll Mashed Potatoes w/Country Gravy Fresh Broccoli w/Ranch Dressing Rosy Applesauce Homemade Buttered Roll</p>	<p>22 Breakfast: Banana Bread Orange Juice Fruit Cup or Dried Fruit Lunch: Hamburger or Cheeseburger on a Bun OR Tuna Salad Sandwich OR Yogurt w/Granola &amp; Roll Baked Potato Wedges w/Catsup Romaine Lettuce w/Pickles Fresh Orange</p>
<p>25 Breakfast: Sausage Biscuit Orange Juice Fruit Cup or Dried Fruit Lunch: Chicken &amp; Cheese Burrito OR Turkey Ham &amp; Cheese Sandwich OR Yogurt w/Granola &amp; Roll Pinto Beans, Salsa Romaine Lettuce w/Ranch Dressing Chilled Peaches</p>	<p>26 Breakfast: Cereal Combo Orange Juice Frozen Fruit Cup or Dried Fruit Lunch: Pasta w/Meaty Meat Sauce OR Turkey &amp; Cheese Wrap OR Yogurt w/Granola &amp; Roll Green Beans Baby Carrots w/Ranch Dressing Fresh Red Apple</p>	<p>27 Breakfast: Bagelful w/Cream Cheese Orange Juice Fresh Apple Slices or Dried Fruit Lunch: Chicken Burger w/Pickle Chips OR Chicken Salad Sandwich OR Chef Salad w/Ranch Dressing &amp; Roll Mixed Vegetables Romaine Lettuce w/Ranch Dressing Rosy Pears</p>	<p>28 Breakfast: Mini Pancakes Orange Juice Fresh Banana or Dried Fruit Lunch: Steak Fingers/Roll w/Catsup OR Turkey Breast &amp; Cheese Sandwich OR Yogurt w/Granola &amp; Roll Mashed Potatoes w/Country Gravy Steamed Broccoli Chilled Diced Apricots Homemade Buttered Roll</p>	<p>29 Breakfast: Banana Bread Orange Juice Fruit Cup or Dried Fruit Lunch: Hamburger or Cheeseburger on a Bun OR Tuna Salad Sandwich OR Yogurt w/Granola &amp; Roll Baked Potato Gems w/Catsup Romaine Lettuce w/Pickles Fresh Orange</p>

\*Pork

Menu is subject to change. For any menu changes go to: <https://www.ccisid.us/DEPARTMENTS/Food-Services/Cafeteria-Menus>